

# pdbuzzNPT

Your Local Parkinson's Connection for Newport County

## Resources for virtual PD exercise programs (10/14/2023)

- <https://pd-connect.org/>
- <https://www.exerciseforbrainchange.org/>
- <https://parkinsonplace.org/>
- <https://www.apdaparkinson.org/upcoming-events/>
- <https://www.parkinson.org/events/2023/Feb17FF>
- <https://davisphinneyfoundation.org/where-to-exercise-online-in-2023-if-youre-living-with-parkinsons/>