

## Rhode Island Chapter of the American Parkinson Disease Association Aquidneck Island Support Group by the SEA

## Parkinson's Disease Support Group Middletown Public Library Second Saturday of Each Month

The Aquidneck Island Support Group's goal is to provide an opportunity for people living with Parkinson's Disease to **Share** personal experiences, feelings, and coping strategies, to provide **Educational** opportunities related to the disease and to empower participants to take **Action** towards living well with Parkinson's disease.

Individuals living with Parkinson's Disease and their care partners are welcome to attend the support group monthly or as desired with no obligation for attendance. There is no fee associated with this group and parking is free.

## Support Group Schedule 2024

January 13 10:30 – 11:30 am	July 13 10:30 – 11:30 am
February 10 2:30 – 3:30 pm	August 10 10:30 - 11:30 am
March 9 2:30 – 3:30 pm	September 14 10:30 – 11:30 am
April 13 2:30 – 3:30 pm	October 12 10:30 -11:30 am
May 11 10:30 – 11:30 am	November 9 10:30 – 11:30 am
June 8 10:30 – 11:30 am	December 14 10:30 -11:30 am

For more information regarding the Aquidneck Island Parkinson's Disease Support Group, please contact:

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or

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